

# PREPACKS - Products of the Stirling Health Food Store on 18/05/24

Below is a list of products, we have in store and/or online in the category 'Prepacks' on Saturday 18 May 2024.

If a product is not listed on our site, please phone the Stirling Health Food Store at 01786 464903. We can often order products in quickly.

Product	Availability
GC org medium oatmeal 3kg	1 in Store only
Just/Nat org Macadamia Nuts 250g	1 in Store only
<a href="#">Acai Berry Powder Organic</a>	1 in Store and Online
<a href="#">Almonds 125g - Organic</a>	3 in Store and Online
<a href="#">Apricots 250g</a>	6 in Store and Online
<a href="#">Apricots 250g - Organic</a>	6 in Store and Online
<a href="#">Atlantic Coarse Sea Salt 500g</a>	2 in Store and Online
<a href="#">Atlantic Fine Sea Salt 500g</a>	2 in Store and Online
<a href="#">Barley Flakes - Organic 500g</a>	2 in Store and Online
<a href="#">Barley Grain - Organic 500g</a>	2 in Store and Online
<a href="#">Black Sesame Seeds Organic - 250g</a>	3 in Store and Online
<a href="#">Black Turtle Beans - Organic</a>	3 in Store and Online
<a href="#">Bran Flakes Organic</a>	1 in Store and Online
<a href="#">Brazil Nuts 125g - Organic</a>	5 in Store and Online
<a href="#">Brown Lentils - Organic</a>	3 in Store and Online
<a href="#">Brown Linseed - 500g</a>	3 in Store and Online
<a href="#">Buckwheat - Organic 500g</a>	3 in Store and Online
<a href="#">Buckwheat Flakes - Organic 350g</a>	2 in Store and Online
<a href="#">Buckwheat Flour Organic</a>	3 in Store and Online
<a href="#">Bulgur Wheat - Organic 500g</a>	3 in Store and Online
<a href="#">Butter Beans - Organic</a>	4 in Store and Online
<a href="#">Cannellini Beans - Organic</a>	4 in Store and Online
<a href="#">Cashew Nuts 250g - Organic</a>	3 in Store and Online
<a href="#">Chia Seeds Organic</a>	3 in Store and Online
<a href="#">Chickpeas - Organic</a>	5 in Store and Online
<a href="#">Chlorella Powder 100g</a>	1 in Store and Online
<a href="#">Cranberries 125g - Organic</a>	4 in Store and Online
<a href="#">Dark Speckled Lentils - Organic</a>	4 in Store and Online

Product	Availability
<a href="#">Desiccated Coconut</a>	2 in Store and Online
<a href="#">Figs 250g - Organic</a>	5 in Store and Online
<a href="#">Flaked Almonds Organic 125g</a>	2 in Store and Online
<a href="#">Gluten Free Porridge Oats</a>	3 in Store and Online
<a href="#">Goji Berries 125g</a>	3 in Store and Online
<a href="#">Golden Linseed - Organic 250g</a>	3 in Store and Online
<a href="#">Green Lentils - Organic</a>	4 in Store and Online
<a href="#">Green Split Peas - Organic</a>	4 in Store and Online
<a href="#">Ground Almonds 220g</a>	4 in Store and Online
<a href="#">Ground Almonds Organic 350g</a>	4 in Store and Online
<a href="#">Hazelnuts 125g - Organic</a>	3 in Store and Online
<a href="#">Jumbo Oats - Organic</a>	11 in Store and Online
<a href="#">Medium Oatmeal - Organic 1kg</a>	6 in Store and Online
<a href="#">Millet Flakes - Organic</a>	6 in Store and Online
<a href="#">Millet Flakes - Organic 500g</a>	3 in Store and Online
<a href="#">Mixed Vine Fruit - Organic</a>	Currently Out of Stock
<a href="#">Mung Beans - Organic</a>	4 in Store and Online
<a href="#">Oat Bran - Organic 1kg</a>	3 in Store and Online
<a href="#">Oat Bran - Organic 350g</a>	3 in Store and Online
<a href="#">Oat Groats 500g</a>	10 in Store and Online
<a href="#">Omega Mix - Organic 100g</a>	6 in Store and Online
<a href="#">Omega Mix - Organic 250g</a>	2 in Store and Online
<a href="#">Organic Apricots 250g</a>	Currently Out of Stock
<a href="#">Organic Brown Basmati Rice</a>	4 in Store and Online
<a href="#">Organic Fruit &amp; Hazelnut Muesli</a>	2 in Store and Online
<a href="#">Organic Long Grain Rice 1kg</a>	2 in Store and Online
<a href="#">Organic Millet 500g</a>	2 in Store and Online
<a href="#">Organic Mixed Nuts 250g</a>	3 in Store and Online
<a href="#">Organic Muesli Base 500g</a>	2 in Store and Online
<a href="#">Organic Pine Nuts 80g</a>	3 in Store and Online
<a href="#">Organic Popcorn</a>	4 in Store and Online
<a href="#">Organic Raw Cane Sugar</a>	2 in Store and Online
<a href="#">Organic Short Grain Brown Rice 500g</a>	4 in Store and Online
<a href="#">Organic Short Grain Rice 1kg</a>	3 in Store and Online
<a href="#">Organic Steel Cut Oats 500g</a>	10 in Store and Online
<a href="#">Organic Sundried Tomatoes</a>	2 in Store and Online
<a href="#">Organic White Basmati Rice 500g</a>	3 in Store and Online
<a href="#">Organic Wholemeal Breadcrumbs</a>	2 in Store and Online

Product	Availability
<a href="#">Organic Wholemeal Spelt Flour</a>	1 in Store and Online
<a href="#">Pecan Halves 125g</a>	2 in Store and Online
<a href="#">Pitted Dates 250g Organic</a>	4 in Store and Online
<a href="#">Pitted Dates 500g</a>	1 in Store and Online
<a href="#">Porridge Oats - Organic 1kg</a>	12 in Store and Online
<a href="#">Prunes 250g - Organic</a>	4 in Store and Online
<a href="#">Psyllium Husk - Organic</a>	4 in Store and Online
<a href="#">Psyllium Husk Powder - Organic</a>	4 in Store and Online
<a href="#">Pumpkin Seeds - Organic 1kg</a>	4 in Store and Online
<a href="#">Pumpkin Seeds - Organic 500g</a>	1 in Store and Online
<a href="#">Quinoa Flakes - Organic 350g</a>	Currently Out of Stock
<a href="#">Quinoa Flakes - Organic 500g</a>	4 in Store and Online
<a href="#">Raisins 250g Organic</a>	6 in Store and Online
<a href="#">Raisins 500g - Organic</a>	Currently Out of Stock
<a href="#">Raw Cacao Nibs Organic</a>	2 in Store and Online
<a href="#">Raw Cacao Powder Organic</a>	2 in Store and Online
<a href="#">Raw Organic Cacao Butter</a>	2 in Store and Online
<a href="#">Red Kidney Beans - Organic</a>	2 in Store and Online
<a href="#">Red Lentils - Organic</a>	6 in Store and Online
<a href="#">Rice Flakes - Organic 350g</a>	5 in Store and Online
<a href="#">Rye Flakes - Organic</a>	2 in Store and Online
<a href="#">Sesame Seeds Hulled Organic 250g</a>	2 in Store and Online
<a href="#">Sesame Seeds Unhulled Organic 250g</a>	2 in Store and Online
<a href="#">Sultanas 250g - Organic</a>	2 in Store and Online
<a href="#">Sunflower Seeds - Organic 1kg</a>	4 in Store and Online
<a href="#">Sunflower Seeds - Organic 250g</a>	2 in Store and Online
<a href="#">Sunflower Seeds - Organic 500g</a>	4 in Store and Online
<a href="#">Tapioca Flour Organic</a>	2 in Store and Online
<a href="#">Vine Fruit Mix Organic</a>	2 in Store and Online
<a href="#">Walnuts 125g - Organic</a>	5 in Store and Online
<a href="#">Walnuts 250g - Organic</a>	2 in Store and Online
<a href="#">Wheat Bran Organic</a>	4 in Store and Online
<a href="#">Wheat Flakes - Organic 350g</a>	3 in Store and Online
<a href="#">Wheat Grain - Organic</a>	1 in Store and Online
<a href="#">Wholewheat Couscous 500g</a>	3 in Store and Online

**About the Stirling Health Food Store in Scotland, UK**

Established in 1976 in Stirling, Scotland UK, our award-winning independent Health Shop has over 40 years of experience in the health food sector. We serve customers throughout Scotland and the UK and are best known for our knowledge, customer services and competitive prices.

We sell ethical, organic, vegetarian, vegan, chemical free, natural, fairtrade, local, dietary foods and real products. We believe in being independent, supporting the local community and minimising environmental impact.

The Stirling Health Food Store  
29 Dumbarton Road  
Stirling  
FK8 2LQ  
Scotland, UK

tel: 01786 464903  
email: [contact@stirlinghealthfoodstore.co.uk](mailto:contact@stirlinghealthfoodstore.co.uk)  
website: [StirlingHealthFoodStore.co.uk](http://StirlingHealthFoodStore.co.uk)

